# DEPARTMENT OF RECREATION

### **OFFICE INFORMATION**

Phone: (856) 435-5734 and (856) 374-3520 Fax: (856) 782-8962 Township website: www.glotwp.com Recreation Email: recdept@glotwp.com Main Township Number: (856) 228-4000

### Recreation Office Location

80 Broadacres Drive, Clementon 08021

### **Recreation Office Business Hours**

Monday-Thursday 8:00AM-5:45PM Extended evening hours on Tues. & Thurs.until 7:30pm



#### **RECREATION CENTER OPEN GYM INFO**

The Recreation Center is open for various sports when scheduled. You must come to the Rec Center and present a valid drivers license or State ID with a Gloucester Twp address or a current Gloucester Twp school ID every visit. We do not have a guest policy. Check monthly calendar for dates and closures.

BasketballMondays8:45-10:15pmOpen Basketball for adults 30+.

#### Family Basketball Tues./Wed./Thurs 5-6PM

Open Basketball for families with children under 12. Adults must stay with their children. This is not for team practices. Begins September 12.

### Basketball Tues./Wed./Thurs

Open basketball begins September 12. Children under 12 must be accompanied by an adult.

3-5PM

# **RENTALS**

The Recreation Dept. offers the following locations for rental. Please call 856-435-5734 for more info.

#### **RECREATION CENTER**

Rent the Rec. Center for children's birthday parties. Available for children ages 4 - 14.

FEE: \$ 150.00 for 2 hours Twp. Residents Only

#### GAZEBO

The Gazebos at Veterans Park and Gloucester Twp. Community Park are available for 3 hour rentals.

FEES: \$ 30.00 - Township Residents \$ 60.00 - Non-residents

### **PROGRAM REGISTRATION INFORMATION**

# September 6Program & Bus Trip RegistrationSeptember 11Non-Resident Registration

Registration for programs and bus trips are held at the Recreation Center beginning at 8am and will continue until the program or trip reaches capacity.

Space is limited for all programs and trips. In-person registration is required for all activities. Registration forms must be filled out by the participant or parent/guardian. Make checks payable to "Twp. of Gloucester" except where otherwise noted; **two separate checks may be necessary.** 

Preschool registration also requires a photocopy of the child's birth certificate & medical records.

Full refunds will be given only if the Recreation Department cancels a trip or program due to low enrollment. We reserve the right to cancel a trip or program if enough people have not registered in advance.

Program refunds will be given minus a \$10.00 processing fee. **This refund must be requested before 20% of the scheduled classes are completed**. Trip refunds will only be given if a replacement can be found. Trip refunds are also subject to a \$10.00 processing fee. Please bring your receipt to the office for processing. All refunds take 30-45 days to process.

## **BUS** TRIP

Tickets will go on sale September 6, 2017 at 8am at the Recreation Center. Tickets are available on a first-come, first-serve basis. You must be a Twp. Resident to purchase tickets. We only have the ability to order a limited amount of tickets. Refunds for tickets will only be given if a replacement can be found and will be minus a \$10. processing fee. Please contact 856-435-5734 with any questions.

### RADIO CITY CHRISTMAS SPECTACULAR Friday, December 1, 2017 Cost is \$105.00 per person

Come see this Christmas tradition! Price includes coach bus transportation & a ticket to *Radio City Music Hall's Christmas Spectacular* (11AM show). We have great Orchestra seating! Bus



departs at 6:45 AM. See New York City and Rockefeller Center in its Holiday Splendor! Free time available for sightseeing & lunch on your own. Bus will return at 7:30PM.

# DISCOUNT TICKETS

The Recreation Department sells discounted tickets to local theme parks, attractions and ski mountains throughout the year. Check the website or our Facebook page for our list of available tickets and prices. We accept cash only for all tickets. We cannot guarantee all tickets are available so please call ahead at 856-435-5734. Tickets are sold Monday -Thursday, 8am until 5:30pm.

# YOUTH PROGRAMS

Non-Residents can now register for all Recreation Dept. Programs for an additional \$10 fee. Residents can begin registering on Sept. 6 and non-residents begin on Sept. 11. Cash or Check only. If using check, 2 are required.

YOUTH QUICKSTART TENNIS Saturdays: October 7; Last class Nov. 4 5 Weeks Cost: \$60 to Ron Miller/\$10 to Glo. Twp 10 - 11:30am Held at GT Community Park



This format of kid-sized tennis is the 10-and-under Tennis standard for providing quick success and lots of fun on the court. Through enjoyable activities and skill-based play, participants get an introduction to strokes, terms, movement and scoring. Instructional games, scaleddown courts and nets, and youth racquets and balls are all designed for the size of a young child. Parents

are encouraged to participate in family-friendly weekly activities. All equipment is provided. Bring your own water bottle. Open to children ages 5-10. Class size limited to 24. **SPECIAL 2nd STU-DENT DISCOUNT: 2 students for \$125 (\$105 to Ron Miller/\$20 to GT). Rain Date: 11/11.** 

#### PRESCHOOL PLAYTIME

Fridays: Sept. 29; Last Class Dec. 1 8 Weeks 10am-12 noon Held at Point Ariel Park \$115 to Amy Mazakas/\$10. to GT



### Designed for children 3 1/2-5 years old.

This class will focus on your child's creativity through a variety of crafts, music and play. This class is based on engaging your child in fun and creative ways of learning. Each week there will be a new and exciting theme to explore. Children must be potty-trained. Please provide a snack for your child. No class 11/10 & 11/24.

8 Weeks

#### BASIC SEWING

Thursdays: Sept. 28; Last class Nov. 306:30 - 7:30pmHeld at GT Rec CenterCost: \$90. to Rebekah Pyles/\$10. to Glo. Twp.



Let's start with the Basics! We will cover how to operate your sewing machine, pinning, cutting, and sewing terms. You will accomplish small projects that reinforce skills you are learning. All class materials are included. Open to 10 years old and up. Please bring your own machine. No class 11/9 & 11/23.



Check out the Youth Sports Leagues on Page 13!

#### SOCCER SHOTS

Thursdays: Sept. 28; Last class Nov. 2 6 Weeks Cost: \$72 to Soccer Shots/\$10 to Glo. Twp. Held at Rec Center

Soccer Shots is a national leader in youth soccer development for young children. Our program has been created under the guidance of childhood education specialists, professional soccer players and experienced coaches. Our innovative lesson plans are develop-



mentally appropriate and tailored specifically to the age groups we teach. Using these creative and age appropriate curricula and infusing each lesson plan with enthusiasm and structured activity, soccer shots aims to leave a lasting, positive impact on every child we serve.

Mom & Me Mini Program	Ages 2-3	6:00 - 6:30pm
Classic Program	Ages 3-4	6:40 - 7:10pm

#### **KIDDING AROUND YOGA with Marie**

Fridays: Sept. 29; Last class Nov. 36 weeks4:45 - 5:45 pmHeld at Still Point Yoga CenterCost:\$45 to Still Point Yoga Center/\$10 to Glo.Twp.



This yoga class is designed for kids to learn yoga in a playful way that fosters creativity and builds confidence, focus, and cooperation. Children will learn yoga poses, sing songs, listen to stories, and relax together, mastering the art of being a kid, in this uplifting, non competitive and fun environment. Studio supplies mats. Open to ages 4-12.

#### HANDS-ON STEM CLUB

Tuesday Session 1: Sept. 26 - Oct. 31 Thursday Session 1: Sept. 28 - Nov. 2 Tuesday Session 2: Nov. 14 - Dec. 19 Thursday Session 2: Nov. 16 - Dec. 28 (no class 11/23) Cost per Session: \$150 to Wow Science/\$10 to Glo. Twp. Held at Point Ariel Park

Wow Science is proud to offer a Handson STEM Club in the 2017-2018 academic year. Students will have an opportunity to participate in many hands-on science, technology, engineering and math projects that highlight important STEM concepts, simplify complex topics, and reinforce what they are learning in the classroom. These projects are designed to pique children's interest in math and science and build a foundation for future success in both subjects.



Tuesdays	Grades K-2	4:30 - 6:00pm
Thursdays	Grades 3-5	4:30 - 6:00pm

# ADULT PROGRAMS

Non-Residents can now register for all Recreation Dept. Programs for an additional \$10 fee. Residents can begin registering on Sept. 6 and non-residents begin on Sept. 11. Cash or Check only. If using check, 2 are required.

#### PILATES BARRE AND MAT

Mondays: Sept. 25, Last class Dec. 4 10 Weeks 6:30 - 7:30pm Held at Point Ariel Park Cost: \$50. to A. Davis/\$10. to Glo. Twp.

Get the best of 2 Pilates workouts! First enjoy Chair Barre, a combo of standing Pilates and ballet moves. This part can be done with sneakers if you have any foot injuries or balance issues. Then our mat Pilates workout for strengthening and toning your core and body. Instructor will be providing bands and handled resistance tubing for you to use during class times. Bring a mat, water & light weights. Open to HS students and adults. No class 10/9.

#### ZUMBA

#### Mondays: Sept. 25; Last class Nov. 20 8 Weeks 7:45 - 8:45pm Held at the GT Rec Center \$40 to S. Kirkwood/\$10 to Glo. Twp.

Zumba fuses hypnotic musical rhythms & tantalizing moves to create a dynamic workout system designed to be FUN and EASY TO DO! The routines feature interval training sessions where fast & slow rhythms & resistance training are combined to tone & sculpt your body while burning fat. Add some Latin flavor & international zest into the mix and you've got Zumba®! Good for all fitness levels. Please bring water and a towel. Ditch the workout and Join the Party! No class 10/9.

#### SEWING CLASS

#### Mondays: Sept. 25; Last class Nov. 20 8 Weeks 7:00 - 9:00pm Held at GT Rec Center Cost: \$100. to Rebekah Pyles/\$10. to Glo. Twp.

Dust off your sewing machine and get inspired! Sewing class for beginners through experiences taught by a full time seamstress, will give you the confidence you need to accomplish your projects.

The first two weeks we will work on a group project. Then bring a project you would like to learn about. In this laid back atmosphere bring out your creativity and meet other sewers. Please bring your machine. Open to 14 years through adult. No class 10/9.



#### YOGA & MEDITATION FOR EVERYONE with Joanne Tuesdays: Sept. 26; Last class Nov. 14 8 Weeks 9:30 - 10:45am Held at Still Point Yoga Center Cost: \$60. to Still Point Yoga Center/\$10. to Glo. Twp.

Combination Class - This session will start with a 45 minute yoga practice to open and energize the body. It will end with a combination of a 30 minute breathing and meditation practice. Discover and enjoy the many benefits~Improve your mood, concentration, focus, decrease anxiety and stress and discover inner peace.

#### TOTAL BODY BLAST

# Tuesdays: Sept. 26, Last class Dec. 510 Weeks6:30 - 7:30pmHeld at Point Ariel ParkCost: \$50. to A. Davis/\$10. to Glo. Twp.

Thirty minutes of various low impact cardio moves & drills. This will be followed by a full range of toning exercises designed to get



your body into shape from head to toe, including those abs. Resistance bands and handled tubing will be provided for this class to increase your strengthening moves. Please bring 3 to 5 lb weights, a mat and water to class. Good sneakers are a must. Open to HS Students and adults. No class 11/7. STRETCH & STRENGTHEN WITH YOGA with Christine Tuesdays: Sept. 26; Last Class Nov. 14 8 Weeks 11:00am – 12:00pm Held at Still Point Yoga Center Cost: \$50 to Still Point Yoga Center/\$10. to Glo. Twp.

Stretch and Strengthen your whole body and mind! Recharge your energy and improve your overall health and wellness with yoga. This class includes a perfect mix of yoga poses, breathing exercises and guided relaxation for a complete hatha yoga experience. Beginners are welcome. Come in comfortable clothing.

#### **CHAIR YOGA with Dorothy**

Wednesday: Sept. 27; Last class Nov. 15 8 Weeks 2:00 - 3:00pm Held at Still Point Yoga Center Cost: \$40. to Still Point Yoga Center/\$10. to Glo. Twp.

No matter what age, weight, flexibility, balance issues or fitness level; you can do yoga! No experience needed. Come dressed in comfortable clothing. Studio supplies chairs, props and inspiration. Come dressed in comfortable clothing.

#### T'AI CHI CHIH FOR STRESS MANAGEMENT

Wednesdays: Sept. 27; Last class Nov. 22 9 Weeks 5:30pm - 6:30 pm Held at Point Ariel Park Cost: \$50. to Michele Carlino/\$10. to Glo. Twp.

Experience more abundant health, harmony and balance. T'ai Chi Chih's gentle movements release stress by relaxing and rejuvenating the body while refreshing the mind. T'ai Chi Chih consists of 19 powerful movements and 1 pose that are easily learned by anyone, regardless of age or physical condition.

#### YOGA BASIC I

Wednesdays: Sept. 27; Last class Nov. 29 10 Weeks 6:30pm - 7:30pm Held at Point Ariel Park Cost: \$50. to Michele Carlino/\$10. to Glo. Twp.

This class is a workout for the mind, body and soul that brings inner and outer balance through stretching, breath work, and meditation. Yoga promotes relaxation, reduces stress, and calms anxiety. Wear comfortable clothing and bring a towel and water.

#### YOGA FOR WEIGHTLOSS

Wednesdays: Sept. 27; Last class Nov. 29 10 Weeks 7:30pm - 8:30pm Held at Point Ariel Park Cost: \$50 to M. Carlino/\$10 to GT

#### Cost: \$50 to M. Carlino/\$10 to G

Yoga supports balancing the body on all levels. This class will utilize specific postures and breathwork that increase the metabolism and relax the mind to assist in guiding the body to its natural weight. Bring a mat/towel and blanket.

#### YOGA FOR US - 55 PLUS with Dorothy

Thursdays: Sept. 28; Last class Nov. 168 Weeks11:00am - 12:00 pmHeld at Still Point Yoga CenterCost: \$50. to Still Point Yoga Center/\$10. to Glo. Twp.

Leave your worries behind, you CAN do yoga! Safely and gently stretch, wake up tired muscles, breath more effectively and learn to relax. No experience needed. Come dressed in comfortable clothing. Studio supplies mats and props if needed.

#### **BASIC SEWING**

Thursdays: Sept. 28; Last class Nov. 308 Weeks6:30 - 7:30pmHeld at GT Rec CenterCost: \$90. to Rebekah Pyles/\$10. to Glo. Twp.

Let's start with the Basics! Learn how to operate your sewing machine, pinning, cutting, and terms. You will accomplish small projects that reinforce skills. All materials are included. Open to ages 10+. Please bring your own machine. No class 11/9 & 11/23.